



Loveland Swim Club  
Team Newsflash  
March 18, 2008

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This Week: all practices are regular – Saturday practices resume March 29<sup>th</sup>.

**Group Emails:** Group info will be sent out separately starting next week as all groups will begin a group weekly email reminder. To get on your groups email list simply send your coach (emails at the top of this note) an email and ask to be added to the groups list.

**Spring-Summer 2008 Schedule of meets.**

The Meet Schedule is online and available at practice. We have posted the FAST entries for April 12<sup>th</sup> – if you have changes please email your coach at above email or send to [lovelandentries@msn.com](mailto:lovelandentries@msn.com)

**Advanced Entries:** An advanced meet entry process is needed at the start of this season for the first 3 meets (Fast Meet at Epic April 12<sup>th</sup>, Fast Meet at Epic May 3<sup>rd</sup> and 4<sup>th</sup>, North Jeffco May 17-18<sup>th</sup>).

Contact your coach if you have not completed a pre-entry form already

**T-shirt Orders:**

This years T-shirt orders are being accepted through March. Turn in your forms and payment (\$10/shirt) to the drop boxes at the pools. The form is below.

**Team T-Shirts**

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-Fortitudine Vincimus-



-By Endurance We Conquer-

Orders being taken now for all Boltz swimmers!

Cost: \$10 (due with order)

Size: small medium large x-large xx-large (adult sizes)  
small medium large (youth sizes)

Orders are due: Monday, March 31st at 7:30pm.

Name: \_\_\_\_\_

**Parent meetings:** Group meetings are being scheduled and will be announced soon to discuss the upcoming season

**Team Travel Meet:** Travel information will be available next week for the June 26-29 travel trip to a great team meet in Wichita Kansas. All swimmers 9 and older – in Groups from Red and Bronze through Senior are encouraged to travel.

## **Pool Reports:**

Please make sure you read your group info – the group info will be sent out separately starting next week as all groups will begin a group weekly email reminder. To get on your groups email list simply send your coach (emails at the top of this note) an email and ask to be added to the groups list.

## **DHAC**

Earlier in the season I had asked for e-mail addresses so that I could create another mode to communicate with our groups other than notes on the white board and the bulletin board.

Meet Entries are due for the long course meets in May! Please download entry information at [www.lovelandswimclub.com](http://www.lovelandswimclub.com). Our team entry for the first meet is posted on the bulletin board. For the first meet, everyone is swimming the 200 IM. Yeah! Both Coach Alyson and I are looking to have everyone in our groups swim events that we have not tried – 200 Free, 200 IM. Depending on the meet, we may be swimming some 'off' events as well.

There are still some swimmers who have not responded as to whether they will be entering the first three long course meets:

3-4 May FAST Long Course Invite  
17-18 May North Jeffco Long Course Open

Swimmers will not be automatically entered into these meets; however, coaches will be selecting events for swimmers for those that are on the list. Attached is the entry form. Hard copies are available at the pool.

What is Long Course? It is a meet held in a 50 meter pool (twice as long as DHAC plus several more yards). Those swimmers in the Splash Group, should speak with Coach Jane to determine if you are ready for a long course meet.

If families are not planning on attending, please confirm as well. A list of swimmers confirming their status for the upcoming meets is posted at the pool.

Starting next week, a weekly update will be sent to families on Monday mornings. If you would prefer not to receive these e-mails, please contact me at [lovelandswimcoach@yahoo.com](mailto:lovelandswimcoach@yahoo.com)

The first message was sent yesterday afternoon. If you did not receive it, please contact me at [lovelandswimcoach@yahoo.com](mailto:lovelandswimcoach@yahoo.com) to be added to the list.

Just as a reminder, the boys high school season has started. When entering the pool, please be courteous in not interfering with their practice. Swimmers should sit on the bleachers until the start of practice.

Listed below is the meet schedule at Thompson Valley. On meet days, there will be an adjustment to the White Group practice only. White Group will start practice at 5:15pm.

Swimmers will meet in the lobby.

Thursday, April 3<sup>rd</sup>

Thursday, April 17<sup>th</sup>

Thursday, April 25<sup>th</sup>

Conference meet is Friday, May 9<sup>th</sup> – No practice for any groups (Splish, Splash, Red and White)

## **Greeley Rec Center: March 18-March 25**

All groups: Regular Practice times

- All Bronze, Silver, HSD, and Senior swimmers should try to enter the three meets on the Advanced Entry Form. These are great meets to start the new season. Please speak with Coach Jon

## **MVAC:**

### **Blue Group Note:**

#### **Important Blue Group Dates and Practice Changes:**

- Thursday, March 20 – PRACTICE CHANGE – Practice will run from 5:30 to 7:15 because of HS Meet
- Saturday, March 22 – PRACTICE CHANGE – No practice
- Thursday, March 27 – PRACTICE CHANGE – Practice will run from 5:30 to 7:15 because of HS Meet
- Saturday, March 29 – PRACTICE CHANGE – Practice time and location to be determined
- Saturday, April 12 – FAST Meet at EPIC – Saturday only

*Dates for a March parent meeting and for the Pizza Point party will be determined soon.*

### **Senior Group:**

First Morning – Wednesday March 19<sup>th</sup>

We are doing concentrated skill development throughout the month of March – swimmers this is the best time of the year to improve your techniques! – Attendance is critical – practices are fun oriented and lots of important drills and skills everyday!!!!