



Loveland Swim Club
Team Newsflash
 May 7, 2008

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This Week: There is no Friday afternoon practice for any groups due to the High School Conference meets. Good luck to all LSC Swimmers competing for their high schools!

Saturday practices are all normal except White-Blue which will be held at DHAC 7:30-8:45 AM

Team Travel Meet: This summer, our travels take us to the Air Capital Meet in Wichita, Kansas. We will have a chance to swim at sea level and have a prelim/final meet. We swam fast in Lincoln and will have an even better meet in Wichita!
 This meet is open to all swimmers in the Red Group through our Senior Group. It will be a terrific meet having everyone travel and swim together. Our approximate cost is \$220-230. This will include our hotel (four nights) and bus charter. The plan is to leave on Thursday, June 26th and return on Monday, June 30th.

Loveland Sports Day Camp: We are offering our sports camp again this year. The camp is at Thompson Valley High School, starting on June 2nd through August 22nd. Tell your friends, neighbors and co-workers about this wonderful program. Handouts are available at the pools to take home.

Summer Practice Schedule: To start June 2nd

Group	Days	Time	Pool
Splish	M,W,F	4:45, 5:15, 5:45, 6:15, 6:45 PM	DHAC
Splash	M,W,F	5:00, 5:45, 6:30 PM	DHAC
Red	M, W, Th, F	6:15-7:15 PM	DHAC
White	M through F	4:45-6:15 PM	DHAC
	S	7:00-8:15 AM	MVAC
Blue Plus	M, W	7:00-8:15 AM	DHAC
	Th	6:30-8:15 AM	Centennial
Blue	M through F	4:45-6:30 PM	MVAC
	S	8:45-10:30 AM	Centennial
HS	M,T,W, F	6:45-8:15 AM	MVAC
Senior	M, T,W, F	5:50-8:10 AM	Centennial
	Th	6:00-8:00 AM	DHAC
	M,T, W, F	3:15-5:15 PM Regular practice	MVAC
		4:45-6:15 PM Sprinters+	MVAC
	Sat	6:30-9:00 AM	Centennial
Greeley Site			
Splish	M,W,Th	5:15-5:45PM	GRC
Splash	M,W,Th	5:00-5:45PM	GRC
Bronze	M,T,W,Th	4:00-5:00PM	GRC

Silver	M,T,W,Th	4:00-5:15PM	GRC
	Th	6:30-8:15AM	Centennial
Senior	M,W,Th	5:30-6:45PM	GRC
	M,T,Th,F	6:00-8:00AM	Centennial